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*Few forms of prayer have more beauty or deeper biblical roots than the Rosary. These three wonderful Rosary Booklets are a great gift to Catholic Native American life, and a valuable tool for reflecting on and deepening our faith. It's a pleasure to warmly endorse them. Read them, use them, pray with them and share them with others.* Charles J. Chaput, O.F.M. Cap., Archbishop of Denver; Potawatomi Tribe

**For the Teacher:**

*Using the images of the continent's original peoples in icons is a way of celebrating the spiritual gifts they have given the world. That the Native Americans were caretakers rather than exploiters of the land is wonderfully consonant with the best of Christian thought and tradition.* Fr. Giuliani

*I believe that Christianity and modern civilization are opposed and irreconcilable, and that the spirit of Christianity and of our ancient religion is essentially the same.* Ohiyesa

*The Rosary is a gift from our spiritual mother, a prayer for all native peoples, for all of God's people. These booklets introduce one to this prayer, to Mother Mary, and to the teachings of her Son. Our Native Peoples are loved by God. God wishes to speak to them, respecting but building upon their ancient traditions and beliefs, toward a fullness of truth. Mother Mary is the bridge. She is the Mother of Unity for all of God's people. We are all her children. She will mend our broken hearts and unite us to the Lord of all Hearts, her Son Jesus. We can only be one as a holy people when we are one in the truth. Listening to her and her Son, we will all walk the trail of a true human being.* The Author

**Booklet Credits/Abbreviations:**

Biblical citations quoted are from the NAB, except where noted.  
Additional Editing Assistance: Dr. Andrew Minto (Franciscan Univ., Steubenville), Patricia Johnson, Nadine Petrosewicz, WIF

**Principle References/Bibliography:**

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# *The Rosary*

## *A Prayer For All Native Peoples*

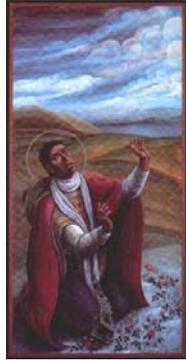


**Youth Edition**

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## ***The Story of Guadalupe, Mexico***

Long ago, Mary, the mother of Jesus, appeared as a beautiful Aztec woman to the Aztec Indian Juan Diego. She told him, *“I am the Blessed Virgin Mary ... the Mother of the one true God ... the Lord of all things who is Master of heaven and earth.”*



What did she say? It was a message of a Mother’s heart:

*“Hear and put this into your heart.  
Let nothing discourage you.  
Let nothing depress you.  
Let neither your face or  
your heart be worried.  
Do not fear any illness,  
affliction, anxiety, or pain.”*



Mary's Image

And then she said:

*“Am I not here ... your mother?  
Are you not under my shadow and protection?  
... are you not in the folding of my arms?  
Is there anything else that you need?”*

Why did Mary come? She is our spiritual Mother! She loves us! She also recognized the suffering of our native peoples. She said to Juan:

*“I am your merciful Mother. I will suffer with you ... I will hear your weeping and your sorrows, I will lessen your sufferings and misfortunes, I will be a mother of compassion, your mother of mercy.”*

Then, Mary left Juan a beautiful image of herself on his cloak. We can see this cloak in Guadalupe, Mexico. It is in a church. It is very beautiful! Many people travel to see it and to pray there. They go to Mass and receive Holy Communion too. This is what Mary wants us to do. She wants us to go to Mass. She wants us to receive her Son Jesus!  
*Thank you, Mary, for your care and protection. Please pray for us!*



***Let us ask the spirit of Kateri Tekakwitha for her prayers that we may overcome all our hardships and draw closer to God***

Kateri Tekakwitha, was the daughter of a great Mohawk warrior. At age 4, when smallpox swept through their area in New York, her mother and father died. The disease also left her with ugly scars and bad eyesight.

Her uncle, chief of the Turtle-clan, adopted her. Kateri decided to follow Jesus and was baptized. She was very holy. Her life was dedicated to prayer. She offered sacrifices for others and cared for the sick and aged. She died at the age of 24. About 15 minutes after death, a miracle happened! Her ugly face suddenly changed and became beautiful with no scars! She is now called the Lily of the Mohawks! Her spirit lives among our peoples.

We should follow Blessed Kateri’s example. We should pray more and more. We should help others. We should visit the sick and those that are old. This will please God. Let’s now pray for her help ...

### **Prayer:**

***Blessed Kateri, who loved God above all things, pray for us. Be close to us in our daily sorrows and cares. Keep our hearts free from hatred and the evils that surround us and tempt us. May we follow your example in the care for the sick and aged. Help us to follow the wisdom of our people. Help us to follow the teachings of God’s Son, Jesus, and the Church that He founded. Help us to respect the earth and lands of our ancestors. May we forgive all who have taken these lands from our peoples – for if we can forgive those who have injured us, then we know our merciful God will forgive all our failings. We ask this in Christ’s name. Amen.***



## ***Let us honor the Mother of God, Our Spiritual Mother!***

### ***If you were God, what would you do for your Mother?***

If you had the ability to take your mother directly to Heaven, with her body too, wouldn't you do it? Yes! Jesus could do it. Jesus is God. And so He did just that! Why? Because He obeys the 4th commandment: *Honor your father and your mother*. He gave great honor and glory to His Mother as only God could do.

Destruction of the body after we die is because of sin (Gn 3:19). But Mary was sinless. It is right that she does not have to suffer decay in the grave. God will "not let your faithful servant see the pit" (Ps. 16:10). There is no sin around God! Holy is the Temple of God! Holy is the womb of Mary! Like other holy people in the Bible, she was taken directly to Heaven. This gives us hope that some day we will go to Heaven. And on the last day of the world, our bodies, too, will also be united to our soul!

### ***Mary is Our Spiritual Mother***



God created the earth, and all the life that comes forth from it. We receive our earthly food from "mother earth." But our *spiritual food* is the Word of God. And Jesus is the Word of God made flesh.

Mary is the Mother of Jesus. By giving birth to Jesus, Mary also gives birth to all of God's children *spiritually*. She truly is our spiritual Mother, and Mother of God's Church. So just as our earth is mother for our earthly goods, Mary is our Mother for our spiritual food. She is a true Mother because she gives life to us. She brings us forth into a life of grace, through Jesus. What is grace? It is God's life within us!

Jesus loves His Mother Mary. So we too should love His Mother. We can ask her to help us follow her Son. She will bring us close to her Son.



## ***What is the Rosary?***

### ***The Rosary is a story about God***

Our ancestors told stories. Jesus, too, told stories (parables) to help us know the truth. The Rosary is the story of Jesus, the Son of God the Father, and how He saved us! We learn about His life - His birth, His childhood, His dying for all peoples, His rising from the dead, and His glorification in Heaven! As we pray the Rosary, we meditate on these events.



### ***The Rosary is a way of life for us to follow...***

... so we can walk the trail of a true human being. The Rosary is a living meditation on the life of our shepherd, our Lord Jesus. As we pray it every day, we begin to live what Jesus taught. We begin to live the life of Jesus Christ.

### ***The Rosary is a weapon against evil and sin...***

... because the Rosary is a meditation on the Word of God. We can be great warriors in defense of the truth because the Word of God is the "Sword of the Spirit" (Eph 6:17).

### ***Why do we use beads to pray?***

Our ancestors practiced songs, rituals and prayers with their body and their soul. As Christians, we know that it is right and true that we pray and worship God with both our body and our soul. So -- the beads are there for our body, our body is there for our soul, and our soul is there when we pray and meditate. The beads help us to meditate better.

## *Where did the Rosary come from?*



The Rosary prayer began to develop over a thousand years ago. Monks in Ireland used to pray the 150 Psalms of David that are in the Bible. But for other people, these were long and hard to do. Many people at that time could not read or write. So in place of these psalms, the familiar Lord's prayer (The Our Father) was substituted and repeated 150 times.

About 700 years ago, the angel's greeting to Mary, "Hail Mary, full of grace," found in the Gospel of Luke, was added. It became popular to attach meditations to these prayers too. Then, a group of Austrian Monks divided the Rosary up into the groupings of prayers that we have today.

Tradition has it that Mary herself appeared to St. Dominic. He founded the Dominican religious order. Mary encouraged him to spread the devotion. He and other Dominicans like Alan de la Roche helped spread the Rosary devotion across Europe. Eventually, it spread across the world. Many now pray this wonderful prayer.

In 1569, the Catholic Church approved the Rosary and decided what the important parts of the Rosary are. This is what we pray today.



St. Dominic

## Let's Pray Mary's Bible Prayer

### *The Magnificat*

#### A Hymn of Thanksgiving to God

(Based on Luke 1:46-55)

#### **I. Mary's thanksgiving for God's gifts and graces:**

"My soul magnifies the Lord,  
And my spirit rejoices in God my Savior;  
Because He has regarded the lowliness of His handmaid;  
For behold, henceforth all generations shall call me blessed;  
Because He who is mighty has done great things for me,  
And holy is His name;

#### **II. The many graces God has given to the people of Israel:**

And His mercy is from generation to generation  
on those who fear Him.  
He has shown might with His arm,  
He has scattered the proud in the conceit of their hearts;  
He has put down the mighty from their thrones,  
and has exalted the lowly;  
He has filled the hungry with good things,  
and the rich He has sent away empty.

#### **III. The promise made of old to the Fathers - the mystery of the Incarnation:**

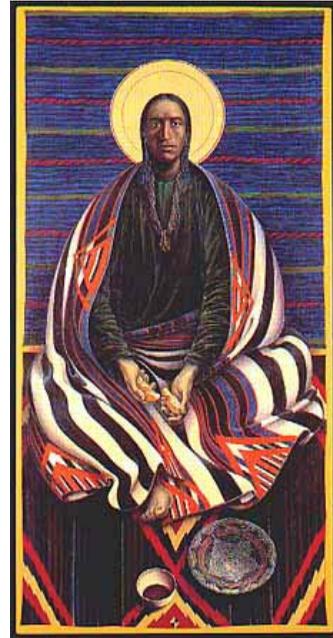
He has given help to Israel, His servant,  
Mindful of His mercy – as  
He spoke to our fathers, to Abraham, and to his posterity forever."

**The Fifth Luminous Mystery**  
**The Last Supper and Institution of the Eucharist**  
(Lk 22:7, 19-20; Mt 26:26-28; Jn 6:48-69)

**Fruit of the Mystery: Thanksgiving**

While at Supper, Jesus took bread, said the blessing, broke it, gave it to His disciples and said, “Take and eat ... This is my body, which is being given for you; do this in remembrance of me.” Jesus also took the cup, gave thanks, and gave it to them saying, “Drink from it, all of you, for this is my blood of the new covenant, which will be shed on behalf of many for the forgiveness of sins.”

The earliest of Christians knew the importance of the Eucharist in the life of the Church. They remembered what Jesus said: “I am the bread of life ... the living bread that came down from heaven.” Jesus said that anyone who eats His flesh and drinks His blood has life everlasting and that He will raise him up on the last day.



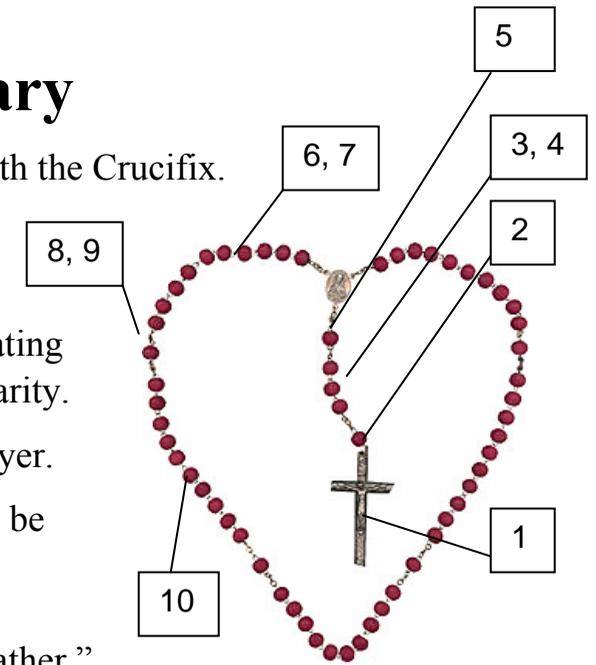
When we go to Mass, we can receive Jesus in the Holy Eucharist. Jesus is present here under the appearances of bread and wine. Jesus is truly present: His Body, Blood, Soul and Divinity. He is here to console us. He is here to teach, comfort, heal and refresh us.

We pray that, through the Eucharist, the “sacrament of unity,” all Christian native peoples will again be united. Let us pray that we all will increase in our love and devotion to the Holy Eucharist in our own spiritual life.

***While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.***

**How to Pray the Rosary**

1. First make the Sign of the Cross with the Crucifix. Then pray the Apostles Creed.
2. Pray the Our Father prayer.
3. Pray three Hail Marys while meditating on the virtues of faith, hope and charity.
4. Pray the Glory Be to the Father prayer.
5. Select which set of mysteries are to be meditated upon (example: Joyful). Read the first mystery meditation. Then, on this bead, pray the “Our Father.”
6. Pray ten Hail Marys while continuing to meditate on the first mystery meditation.
7. Pray the Glory Be to the Father prayer.
8. Begin the second mystery.
9. Read the meditation for this mystery.
10. Again pray the Our Father, ten Hail Marys and the Glory Be to the Father prayers on these next set of beads.
11. Continue with the third, fourth, and fifth mysteries in the same way.
12. After all five sets of mysteries are done, pray the closing prayers on the joining point of the beads. End with the Sign of the Cross.



# How to Pray the Prayers of the Rosary

*Let's learn these prayers ...*

## THE SIGN OF THE CROSS

*In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

In this ancient prayer, we recognize that the one true God, our Father in Heaven, also has a Son, Jesus, the Word of God made flesh, and a Holy Spirit. God is One, but He has three Persons: Father, Son and Holy Spirit. This is the Holy Trinity. The Bible teaches this. All Christians believe this.

## THE APOSTLES' CREED

*I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God the Father almighty. He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.*

The Apostles' Creed is very old. It tells us all what we must believe as Christians. It came from the Apostles. It is prayed in most Christian churches today. It also affirms what all native peoples have always believed – that there is but one God, a supreme power, who made all that surrounds and embraces us.



kingdom of God is at hand. Repent and believe the gospel.” Jesus also taught the apostles to go out and preach the kingdom of God. When Jesus stood before Pilate He was asked, “Are you the king of the Jews?” Jesus answered, "My kingdom does not belong to this world. If my kingdom did, my attendants would be fighting to keep me from being handed over.” So Pilate asked Jesus: "Then you are a king?" Jesus answered, "You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth."

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*



## The Fourth Luminous Mystery

### The Transfiguration of Jesus (Mt 17:1-9)

#### Fruit of the Mystery: Hope in the Resurrection

Jesus took Peter, James, and John up a high mountain by themselves. Jesus was then transfigured before them. His face shone as the sun, and His garments became white as snow! Moses and Elijah appeared too, talking together with Jesus. Peter said to Jesus, “Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah.” But as Peter was speaking, a bright cloud overshadowed them. A voice was heard out the cloud that said, “This is my beloved Son, with whom I am well pleased; listen to him.” Then, Jesus came near and touched them, and said, “Rise, and do not be afraid!” Lifting up their eyes, they only saw Jesus. Jesus warned them not to tell anyone about this vision until after He had risen from the dead.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

Jesus came to John and was baptized by him. John said, “It is I who should be baptized by you.” Jesus said, “Let it be done to fulfill all justice.” The heavens then opened. The Holy Spirit as a dove, descended upon Jesus. And a voice then came from the heavens, “You are my beloved Son, with you I am well pleased.” Jesus then went into the desert wilderness to pray.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Second Luminous Mystery**

#### **The Wedding at Cana (Jn 2:1-11)**

##### **Fruit of the Mystery: Trust in Mary's Motherly Intercession**

A marriage took place in a town called Cana. The Mother of Jesus was there. The wine was running low. Mary said to Jesus, “They have no wine.” She said to the attendants, “Do whatever He tells you.” Six stone water jars were placed there. Jesus said to them, “Fill the jars with water.” And they filled them to the brim. And Jesus said to them, “Draw some out now, and take it to the chief steward.” The chief steward tasted the water. It had become wine! The chief steward said, “Everyone serves good wine first, and then when people have drunk freely, an inferior wine. But you have kept the good wine until now.” So Jesus worked a miracle at the request of His Mother. He showed His power and glory. His disciples believed in Him. We too should do whatever God tells us to do!

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Third Luminous Mystery**

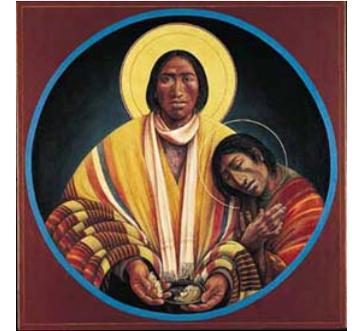
#### **The Proclamation of the Kingdom (Lk 1:31-33; Mk 1:15; Jn 18:33-37)**

##### **Fruit of the Mystery: Repentance**

The angel said to Mary, “You will conceive in your womb and bear a son, and you shall name him Jesus ... the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever and his kingdom shall have no end.” When Jesus taught, He also said, “The

## **THE LORD'S PRAYER – A PRAYER TO OUR FATHER**

*Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come. Thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.*



This prayer was taught by Jesus Himself (Lk 11:2-4, Mt 6:9-13). It's the most universally accepted Christian prayer. The prayer is addressed to God the Father. We want to do God's will. We ask for forgiveness as we forgive others. We pray too that God will protect us from the evil one.

## **THE HAIL MARY**

*Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.*

The Hail Mary recalls the great moment in history for all peoples, when the angel announces to Mary that God is sending His Son into the world to save us from sin (Lk 1:28-35). Through the power of the Holy Spirit, Mary is to be His Mother. The Word of God was now made flesh (Jn 1:14). The Hail Mary also recalls the words of Mary's cousin Elizabeth (Lk 1:42) when Mary visited her with the Christ child in her womb. Mary responds with her prayer: *The Magnificat* (see page 25). In the Hail Mary, we also ask for Mary to pray for us, so we, like Mary, can say “Yes” to God.

## **GLORY BE TO THE FATHER**

*Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.*

## CLOSING PRAYERS AFTER THE ROSARY

### HAIL, HOLY QUEEN

*Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us. And after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.*

This traditional Christian prayer honors Mary, the Mother of Jesus and recognizes that she will hear our prayers and offer them to her Son. God's life giving grace comes to us through a loving mother's care. She gives us hope because her prayers are most powerful, and her Son Jesus will listen.

### TRADITIONAL CHRISTIAN PRAYER

*O God, whose only-begotten Son, by His life, death and resurrection, has obtained for us the rewards of eternal life, grant we ask of you: that while meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.*

### LAKOTA PRAYER

*Oh Great Spirit, whose voice I hear in the winds, and whose breath gives life to all the world, hear me. I am small and weak. I need your strength and wisdom. Let me walk in beauty and make my eyes ever behold the red and purple sunset. Make my hands respect the things you have made and my ears sharp to hear your voice. Make me wise so I may see ever so clearly the ways you have to teach me. Let me learn the lessons you have hidden in every leaf and cloud. I seek your strength, not to be greater than my brother, but to fight my greatest enemy...myself. Make me always ready to come to you with clean hands, and straight eyes, so when life fades, as the fading sunset, my spirit may come to you without shame. Amen.* Chief Yellow Lark

## The Fifth Glorious Mystery

### The Coronation of Mary as Queen (Rev. 12:1)

#### Fruit of the Mystery: Trust in the Communion of Saints

“A great sign appeared in heaven, a woman clothed with the sun, and the moon was under her feet, and upon her head a crown of twelve stars.” The Bible tells us that long ago the kings of Israel had a queen mother. She interceded for the people of the kingdom. People who needed help from the king would first go to the queen! Jesus too is King. So Mary is our Queen Mother! So we call Mary “Queen” because she mothered Jesus, who is divine. Mary shares in Jesus' royal dignity. And Mary also receives the royal right to give out the treasures of Jesus' kingdom. From Jesus she also receives power of her motherly intercession before her Son.

We now ask our Queen to intercede for us. We ask Mary to help us. Queen of Heaven, our Mother, pray for us!

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

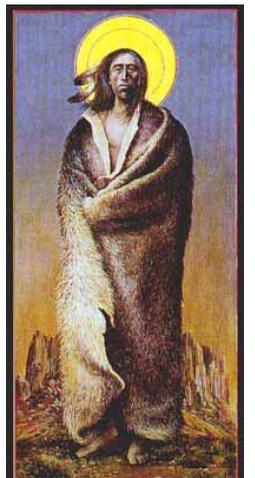
## IV The Luminous Mysteries

### The First Luminous Mystery

#### The Lord's Baptism (Mt. 3:1-17; Mk 1:5-12; Jn 3:3-16)

#### Fruit of the Mystery: Trust in Jesus

John the Baptist went into the desert preaching a baptism of repentance, for the forgiveness of sins. He was clothed with camel's hair with a leather girdle around his waist, and he ate locusts and wild honey. Many people were baptized by him in the river Jordan, confessing their sins. John said to them, “Indeed I baptize you with water. But one mightier than I is coming. He will baptize you with the Holy Spirit and with fire.”



John The Baptist

## The Fourth Glorious Mystery

### The Assumption of the Blessed Virgin Mary into Heaven

(2 Tim 3:16; Mt 18:18; Heb 11:5; Ps 16:10; Lk 1:38, 45; Rev. 11:19, 12:1; Jdt 15:9)

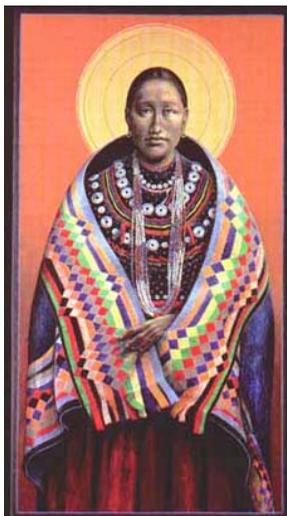
#### Fruit of the Mystery: Hope in the Resurrection

It is not by the Bible alone that we receive the truths that God has revealed. We also receive the truth through the Church. The Bible came from God, but was given to the Church. By the power of the Holy Spirit, Jesus gave His Church the authority to interpret the Bible, and to teach and proclaim the Truth.

In the Bible we learn that bodily assumption was reserved for those who were specially chosen, and who had pleased God by faith. Mary was a woman of the greatest faith. Her faith brought us Jesus when she said, “Be it done to me according to your word.” Her cousin Elizabeth later exclaimed, “Blessed are you who believed, that what was spoken to you by the Lord would be fulfilled.”

So when Mary died, Jesus honored and glorified His Mother as any good son would do. And because He was God, He could take her to heaven, body and soul. The Bible says: “Then God’s temple in heaven opened. There were flashes of lightning ... peals of thunder ... A great sign appeared in the sky, a woman, clothed with the moon under her feet., and on her head a crown of twelve stars.” “You are the glory of Jerusalem ... the joy of Israel ... the splendid boast of our people.”

***While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.***



## Saint Francis of Assisi

St. Francis lived many years ago. He gave up all his riches and devoted the rest of his life to God. He lived a simple life of poverty, in the nearby hills and caves. He loved the earth like our ancestors, and loved being with the animals. Like Jesus, he accepted suffering. He gave unselfishly to all. In doing so, he received great blessings from God. We can learn from Francis to give thanks and respect the land that God has given us.

#### ***Prayer of St. Francis***

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon,

where there is doubt, faith,

where there is despair, hope,

where there is darkness, light,

where there is sadness, joy.

O Divine Master,

grant that I may not so much seek to be consoled as to console;

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

#### ***A Blessing of the Animals***

Blessed are you, Lord God, maker of all living creatures. On the fifth and sixth days of creation, you called forth fish in the sea, birds in the air and animals on the land. You inspired Saint Francis to call all of them his brothers and sisters. We ask you to bless the animals and all living creatures. By the power of your love, enable them to live according to your plan. May we always praise you for all your beauty in creation. Blessed are you, Lord our God, in all your creatures! Amen.





Edward S. Curtis

***“There is one God looking down on us all;  
we are all the children of one God.”***

**Geronimo**

He told them, “All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit” After the Lord Jesus had talked to them, He was taken up to Heaven and sat at the right hand of God. The disciples went back into Jerusalem filled with great joy, and spent all their time in the temple giving thanks to God.

***While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.***

### **The Third Glorious Mystery**

**The Descent of the Holy Spirit** (Acts Jn 14:16-26; 1:4-8, 2:1-41)

**Fruit of the Mystery: Charity**

Jesus told to the Apostles that He would ask the Father, and the Father would give them the Spirit of Truth to be with them always! “The Holy Spirit, whom the Father will send in my name, will teach you everything and make you remember all that I have told you!” He said, “John the Baptist baptized with water, but in a few days you will be baptized with the Holy Spirit.”

So, when the day of Pentecost arrived, all the believers were gathered together in one place. Suddenly, there was a noise from the sky that sounded like a strong wind blowing. Tongues of fire appeared, that parted and came to rest on each of them. All were filled with the Holy Spirit and began to speak in foreign tongues. On seeing this, many people came to believe.

***While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.***



### III The Glorious Mysteries

#### The First Glorious Mystery

**The Resurrection (Mt 28:2-6; Mk 16:7-16; Jn 20:6)**

**Fruit of the Mystery: Faith**



Mary Magdalene came to inspect Jesus' tomb. An angel of the Lord came to the stone, rolled it back and sat on it. The guards grew paralyzed with fear of the angel and fell down like dead men. Then the angel spoke, "Do not be frightened. I know you are looking for Jesus the crucified one. He is not here, for he has been raised, just as he said. Go now and tell his disciples and Peter." Then, Peter went into the tomb. Seeing linen burial cloths lying there, he believed!

Jesus then appeared to Mary Magdalene and later to the disciples. He scolded them because they did not have faith and because they were too stubborn to believe those who had seen Him alive. But Jesus then told them, "Go out into the whole world and preach the gospel to every creature!"

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

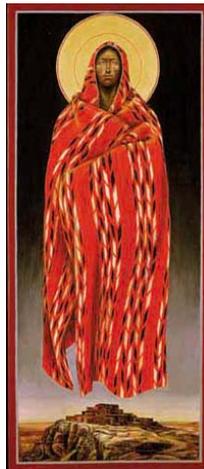
#### The Second Glorious Mystery

#### The Ascension of Jesus into Heaven

(Jn 14:14, 21:17; Mt 28:16-19; Lk 24:44-53)

**Fruit of the Mystery: Hope**

Before His crucifixion Jesus said to His apostles, "If you ask me for anything in My name, I will do it." Peter professed to Jesus, "Lord, you know everything. You know well that I love you." Jesus said to him, "Feed my sheep." After Jesus rose from the dead, the disciples went to Galilee, to a mountain that Jesus sent them to.



## The Rosary Meditations

**The meditations (mysteries) of the Rosary can be summarized as follows:**

### Joyful - Foundation of the Work of Our Salvation

1. The Annunciation of the Angel to Mary
2. The Visitation of Elizabeth by Mary
3. The Birth of Jesus
4. The Presentation of the Child Jesus in the Temple
5. The Finding of the Child Jesus in the Temple

### Sorrowful - Accomplishment of the Work of Salvation

1. The Agony of Jesus in the Garden
2. The Scourging of Jesus at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carries His Cross
5. The Crucifixion of Jesus

### Glorious - Perfection of the Work of Salvation

1. The Resurrection
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of Mary as Queen

### Luminous - Important Moments in the life of Jesus

1. The Baptism of the Lord
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Last Supper and the Eucharist

## I The Joyful Mysteries

### The First Joyful Mystery (Lk 1:26-38, RSV)

#### *The Annunciation of the Angel to Mary*

#### **Fruit of the Mystery: Humility**

The angel Gabriel was sent from God to a virgin betrothed to Joseph, of the House of David. Her name was Mary. The angel said to her, "Hail, full of grace, the Lord is with you." She was troubled and wondered what the greeting meant. The angel said, "Do not be afraid, Mary, for you have found favor with God ... you will conceive and bear a son and you shall call his name Jesus. He will be great, and will be called Son of the Most High. The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called the holy, the Son of God." Mary said, "Behold, I am the handmaid of the Lord; let it be done to me according to your word!"

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### The Second Joyful Mystery (Lk 1:40-49)

#### *The Visitation of Mary to Elizabeth*

#### **Fruit of the Mystery: Charity**

Mary visited her cousin Elizabeth who was soon to give birth to John the Baptist. When she heard Mary's greeting, her baby leapt in her womb! Filled with the Holy Spirit, she said, "... blessed are you among women and blessed is the fruit of your womb. How does this happen ... that the mother of my Lord should come to me? Blessed are you who believed that what was spoken to you by the Lord would be fulfilled." Mary said, "My being proclaims the greatness of the Lord ... all ages will call me blessed. The Mighty One has done great things for me, and holy is his name!"

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*



We can learn from this. When Jesus was insulted, He returned no insult. When He was made to suffer, He did not respond with threats. Jesus Himself carried our sins in His body to the cross, so that we might die to sin and live for what is right. But by His wounds we have been healed. Yet no one was there to comfort him, to give him sympathy. He emptied Himself, and took the form of a slave. For us!

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### The Fifth Sorrowful Mystery

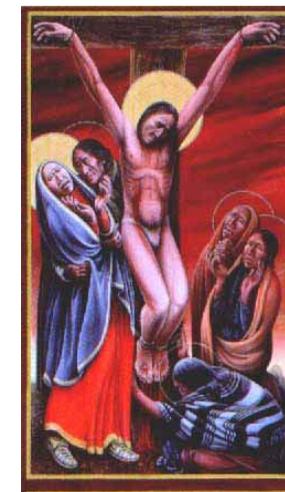
#### *The Crucifixion of Jesus* (Mk 15:24-39; Lk 23:37-46; Jn 19:26-27)

#### **Fruit of the Mystery: Love of Our Enemies**

They crucified Jesus and divided up His clothes by rolling dice for them. And they also crucified two robbers with Him, one on His right hand and one on His left. Jesus said, "My God, My God, why have you forsaken me?" The soldiers said to Jesus, "If you are King of the Jews, save yourself." Jesus said to the repentant thief, "... today you will be with me in Paradise." Then Jesus spoke to His Mother, "Woman, behold your son." Then He said to the disciple, "Behold your mother."

Around midday, darkness came over the whole land until mid afternoon. Then Jesus cried out with a loud voice and said, "Father into your hands I commend my spirit." Having said this, He died. One of the soldiers stuck a lance into Jesus' side, and immediately blood and water flowed out. The soldier guarding Him declared, "Truly this man was the Son of God!"

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*



But Pilate said to them, “Why, what evil has he done?” But the crowds kept crying out the more, “Crucify Him!” So Pilate had Jesus whipped, then handed him over to be crucified.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Third Sorrowful Mystery**

**Jesus is Crowned with Thorns (Mk 15:16-19; Jn 19:4-7)**

**Fruit of the Mystery: Humility**

The soldiers led Jesus away and dressed Him in royal purple, then wove a crown of thorns and put it on His head. They laughed at Him, and began to salute Him, “Hail! King of the Jews!” They were striking Jesus on the head with a stick and spitting at Him...they knelt before Him and pretended to pay Him homage. Then Pilate said, “I find no guilt in him.” But when the chief priests and attendants saw Jesus they still cried out, “Crucify him!” and then said, “according to our law he must die because he has made himself the Son of God.” Pilate said to them, “Take him yourselves and crucify him.” When they had finished mocking Jesus, they stripped Him and led Him out to be crucified.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Fourth Sorrowful Mystery**

**Jesus Carries His Cross (Mt 27:32; Lk 23:28-32; 1 Pt 2:23-24)**

**Fruit of the Mystery: Patience in Adversity**

As they went out, they found a man of Cyrene named Simon; they forced him to take up Jesus’ cross. Now there were also two thieves led to execution with Him. He said to the holy women, “Daughters of Jerusalem, do not weep for me: weep instead for yourselves and for your children.” They brought Jesus to the site of Golgotha (means Skull Place). And it was there that He humbled Himself, obediently accepting death on a cross.

### **The Third Joyful Mystery**

**The Birth of Jesus (Lk 2:1-20)**

**Fruit of the Mystery:**

**Detachment from Material Goods**

The Roman Emperor published a decree ordering a census of the whole world. And so Joseph went from the Town of Nazareth in Galilee to Judea, to King David’s town of Bethlehem because he was of the house and lineage of David. He registered there with Mary who was with child. And while they were there, Mary brought forth her first born son. She wrapped Him in swaddling clothes and laid Him in a manger because there was no room for them in the inn. An angel told the shepherds, “Today in the city of David a savior has been born to you who is Messiah and Lord!” Suddenly, there was with the angel a multitude of the Heavenly Hosts praising God! So the shepherds said to one another, “Let us go then to Bethlehem and see this thing ... which the Lord has made known to us.”



*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Fourth Joyful Mystery**

**The Presentation of the Child Jesus in the Temple (Lk 2:22-39)**

**Fruit of the Mystery: Obedience**

According to the law of Moses, Mary and Joseph brought Jesus up to Jerusalem so that He could be presented to the Lord in the temple. Every first born male was consecrated to the Lord. Mary and Joseph offered in sacrifice a pair of turtle doves. In the Temple was a holy man named Simeon. The Holy Spirit was upon him. He was told by God that before his death, he would see the Savior of his people. When he saw Jesus, he said, "Now, Master, you may let your servant go in peace; according to your word. For my eyes have seen your salvation which you have prepared in the 'sight of your peoples.' "

Simeon blessed the Holy Family. Then he said to Mary His mother: “Behold, this child is destined for the fall and rise of many in Israel.” He also predicted that Mary would have to suffer: “... and a sword will pierce through your own soul also, that thoughts out of many hearts may be revealed.” [RSV] When they had fulfilled all things prescribed in the law of the Lord, they returned to Galilee into their own town of Nazareth.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*



### **The Fifth Joyful Mystery**

#### **The Finding of the Child Jesus in the Temple (Lk 2:41-52)**

##### **Fruit of the Mystery: Patience**

When Jesus was twelve, Mary and Joseph went to Jerusalem for the celebration of Passover, as was their custom. On return, unknown to them, Jesus remained behind. Thinking He was in the traveling tribe, they continued their journey, still looking for Him. Not finding Him, they returned to Jerusalem to search. On the third day they came upon Jesus in the temple sitting with the teachers. He was listening to them and asking questions. All who heard Him were amazed at His knowledge and answers. His mother said, “Son, why have you done this to us? You see that your father and I have been looking for you with great anxiety.” Jesus said to them, “Why were you looking for me? Did you not know that I must be in my Father’s house?” Jesus then returned to Nazareth with Mary and Joseph and was obedient to them. The child grew up and became strong. He was full of wisdom, and the grace of God was upon Him.

*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

## **II The Sorrowful Mysteries**

### **The First Sorrowful Mystery**

#### **The Agony of Jesus in the Garden (Mk 14:32-53; Lk 22:43-48)**

##### **Fruit of the Mystery: Always Doing God’s Will**

Jesus and His disciples went to a place called Gethsemane. He told them: “Sit here while I pray. My soul is sorrowful to death. Remain here and keep watch!” Jesus prayed, “Abba, Father, all things are possible to you. Take this cup away from me, but not what I will, but what you will.” An angel came from heaven to strengthen Him. His sweat became like drops of blood. Rising, He found His disciples sleeping and said, “Why are you sleeping? Get up and pray that you might not undergo the test” Then Jews came to find Jesus. The traitor, Judas, told the crowd, “The man I shall kiss is the one [you want] ... Arrest him ...” So they arrested Jesus and led Him off to the chief priests for trial.



*While meditating on this event, pray the Our Father, 10 Hail Marys and the Glory Be to the Father prayers.*

### **The Second Sorrowful Mystery**

#### **The Scourging of Jesus at the Pillar (Mk 14:55, 61-64; 15:1-15)**

##### **Fruit of the Mystery: Self Denial**

During the night, the chief priests, with the elders and scribes, tied up Jesus, and led Him away. The chief priests and the Jewish leaders were busy talking people into giving false testimony against Jesus. This would lead to His death. The high priest then questioned Him: “Are you the Messiah, the Son of the Blessed One?” Jesus answered, “I am; and you will see the Son of Man seated at the right hand of the Power.” The high priest said, “You have heard his [wicked words. He claims to be God].” “What do you think?” They all condemned Him as deserving to die. They began to spit on him, and beat him, blindfold and then insult him.